

# Which Training Path Should I Take to Become a Trauma-Informed Coach?

Do you already have a Coach Certification?

NO

YES

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## TRAUMA-INFORMED COACHING BASICS

Trauma-Informed Coaching Basics (TICB) is designed for those interested in the basic principles required for trauma informed coaching.

*This course is required before enrolling in TICC – Trauma-Informed Coaching Certification.*



International Coaching Federation

21 Core Competencies  
5 Resource Development

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## TRAUMA-INFORMED COACHING CERTIFICATION

Being Trauma-Informed Coach Certified (TICC) offers a unique opportunity to gain confidence with your ability to recognize when clients are experiencing, or have been involved with traumatic events that are impacting or preventing them from moving forward resourcefully.



International Coaching Federation

31 Core Competencies  
18.25 Resource Development

PROCEED TO TICC COURSE

Are you working towards the ICF ACC Credential? (Portfolio Path)

YES

NO

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## ICF MENTORING

To complete the 10 hours of mentoring required by the ICF, mentoring consists of group sessions once a week and one-on-one sessions, over a three month time frame to prepare you for the final requirements to apply for the ICF's ACC credential.



## TRAUMA-INFORMED COACHING CERTIFICATION

If you are adding coaching to an existing tool box then completing TICC is enough, unless you want to be ICF certified as well.

If Coaching is the tool box and you are adding everything else to it, then an ICF certification is highly recommended.

To discuss further please contact us.

**Ready to begin your training?**

Call 604 866 7963 today for more information!

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